

What can you do to help?

The National Center for Missing and Exploited Children estimates that well over 100,000 children are trafficked yearly in America. Human trafficking is the recruitment, harboring, transporting, obtaining, or maintaining of a person by means of force, fraud, or coercion for purposes of involuntary servitude, debt bondage, slavery, or a commercial sex act or any commercial sex act in which the person performing the act is under 18 years old. If you suspect someone is a victim of human trafficking call the National Human Trafficking Hotline (1-888-373-7888) to report the situation.

What should I do if I think someone is suicidal?

- If you think someone is suicidal, do not leave him/her alone.
- Try to get the person to seek immediate help or take them to the nearest hospital emergency room.
- Call 911 if they are not willing to seek help.
- Eliminate access to firearms or other potential tools for suicide, including unsupervised access to medications.



Suicide Prevention Lifeline
1-800-273-TALK (8255)



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To learn more, visit
ascension.org/michigan

Open Arms
4777 E. Outer Drive
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Open Arms is a community program of Ascension Southeast Michigan Community Health, a 501(c)(3) corporation.

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Open Arms

Support Program



For children and adults experiencing grief and trauma



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Mission of Open Arms

The mission of Open Arms is to support families who have experienced any acts of violence, and to educate the community about trauma and grief, and their long-term impact on physical and mental health. The goal of this program is to help victims and their families process their intense emotions, navigate through the criminal justice system, and obtain supportive services.

The need for grief and trauma support groups and counseling is evidenced by the violence consuming our schools and communities. According to the Centers for Disease Control and Prevention, violent injury is the leading cause of death for urban minority youth in the United States, and is responsible for more than 600,000 adolescent emergency department (ED) visits annually¹. In Michigan, firearms — the second-leading cause of death in youth — claimed the lives of more than 3,100 children and teens in 2016. That's about eight children a day, according to new findings from a University of Michigan special report².

1. Centers for Disease Control and Prevention. *Web-based Injury Statistics Query and Reporting System*. 2014. *Academic Emergency Medicine* 2016; 23:1061-1070

2. <https://ihpi.umich.edu/news/how-children-teens-die-america-study-reveals-widespread-persistent-role-firearms>



According to statistics, six out of every 10 children experience the loss of a loved one during school age and one out of seven will have a parent die before their 10th birthday. A child with unresolved grief has a greater risk of depression, violence, truancy, substance abuse, suicidal tendencies, dropping out of school, being inappropriately diagnosed with ADD or ADHD, and teenage pregnancy. When children begin to normalize the grief experience, they become empowered to embrace life more optimistically. (*cdc.gov*)

Who is a crime victim?

Crime victims are individuals and their family members who have suffered direct or threatened physical, mental, or emotional harm as a result of the commission of a crime. This includes human trafficking and domestic violence.

Our services for victims of crime

- Individual and family counseling
- Assistance completing Crime Victim Compensation forms
- Referrals for additional services
- Court advocacy
- School and family support groups
- Grief and trauma counseling

Open Arms Trauma Response Team

Our counselors will provide debriefing or other appropriate intervention when a traumatic event occurs in the community.

Both adults and children are invited to participate in evening support groups following a traumatic event.



Grief support groups

What will families learn?

- About the grief process
- Coping skills
- Resources available to families
- How children grieve and how to help them
- How to handle stress and depression

Who can attend support groups?

School-aged children and adults who have experienced or witnessed a homicide, suicide, physical assault, resulting in the death or injury of a loved one or friend. Group support is also available for individuals who have experienced domestic or intimate partner violence or were victims of other non-fatal crimes.

When are services offered?

Support groups meet weekly at Open Arms at Conner Creek Village.

- The school-based support groups operate in schools throughout metropolitan Detroit.
- The hospital-based services for victims of crime are offered at Ascension St. John Hospital. Individual counseling is by appointment only.



Trauma support groups

Conner Creek Village

4777 E. Outer Drive | Detroit, MI 48234

Thursdays | 5:30-7:30 p.m.

Open Arms provides supportive services, court advocacy, resources, and intervention to crime victims.

- Crime victims support group
- Homicide survivors group
- School-based grief support groups
- Teen empowerment group
- Trauma response team

For additional information or to schedule an appointment, please call 313-369-5780.



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